

#### **2022 WINTER/SPRING ADULT TENNIS PROGRAM @ FOUNTAIN VALLEY TPC**

January 3rd - April 30th

Advanced, Intermediate, Intermediate-Low, & Beginner Levels
1/HR \$18 1.5/HR \$27

## **ADVANCED**

Must have a 4.0+ USTA rating

These classes are for players who play 4.0 level tennis or higher.

Tuesdays: 7:30-8:30PM

## **INTERMEDIATE**

Must have a 3.5-4.0 USTA rating

These classes are for players who play 3.5-4.0 level tennis or higher.

Mondays: 7:00-8:30PM Wednesdays: 7:00-8:30PM

**Saturdays: 10:30AM-12:00PM** 

## **INTERMEDIATE -LOW**

Must have a 3.0-3.5 USTA rating

These classes are for players who play 3.0 level tennis or higher and/or have some experience.

**Thursdays 7:00-8:30PM** 

## **BEGINNER**

These classes are for players who are new to tennis or have little or no match play experience.

These classes are for beginning/advanced beginner level players who are looking to learn and improve.

Tuesdays: 7:00-8:30PM Wednesdays: 7:00-8:30PM Saturdays: 9:00-10:30AM

# **CARDIO DOUBLES**

Must have a 3.0 or higher USTA rating

These classes are for players who play 3.0 level tennis or higher and/or have some experience. Focused on point play, strategy, and movement

Mondays: 7:00-8:30PM Wednesdays: 7:00-8:30PM

**Thursdays 7:30-9:00PM** 

#### **IMPORTANT POLICIES:**