

# 2024 AGAPE TENNIS ACADEMY SUMMER CAMPS

## @ FOUNTAIN VALLEY TENNIS CENTER

*Winner of the 2023 Kindness Award for Fountain Valley*

**Receive 10% off if you register by calling before April 1<sup>st</sup>. You will NOT be able to receive 10% off by registering online.**

An Agape Tennis Camp will cover all aspects and skills of the game in a fun and rewarding environment. Each camp is uniquely run based on the type of camp: **Agape**, **QuickStart**, or **Tournament** camps. Our camps are perfect for the new, developing, or accomplished player. Each camper will receive a camp tee shirt, award, and player party on the final day. Campers can do a half day or full day of camp for all Agape Camps.

### CAMP DIRECTOR:

Agape Camp Director: Quoc Tran: [quoct@agapetennisacademy.com](mailto:quoct@agapetennisacademy.com)

Tournament Camp Director: Preeti Gokhale: [preetig@agapetennisacademy.com](mailto:preetig@agapetennisacademy.com)

Quickstart Camp Director: Jared Nguyen: [jarednguyen60@gmail.com](mailto:jarednguyen60@gmail.com)

### ADDITIONAL INFORMATION

- Players need to bring lunches/snacks, sunscreen, hat/visor, tennis attire, a towel, extra socks, and a big water bottle each day to camp
- Campers are required to sign out in the pro shop with a camp counselor before leaving camp each day
  - Awards ceremonies will be held on the last day of Agape and Quickstart Camps
    - Half day is from 9am-12pm
    - Camp will be held rain or shine
  - Payment is expected on or before the first day of camp, online registration is available
    - Camps are taught by a highly skilled and trained summer camp staff

### REGISTER

To register email [finfo@agapetennisacademy.com](mailto:finfo@agapetennisacademy.com), call (714) 587-0797, or sign up online at [www.agapetennisacademy.com](http://www.agapetennisacademy.com)

All camps are located at 16400 Brookhurst Street  
Fountain Valley, CA 92708 @ Mile Square Park

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## @ FOUNTAIN VALLEY

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Fountain Valley, CA 92708 in Mile Square Park @ Tennis Center

### CAMP SCHEDULE:

WHAT	WHEN	TIME	AGES	FULL/HALF DAY FEE
AGAPE CAMP 1	JUNE 24, 25, 26, 27, 28 (5 DAY)	9AM-4PM	5-18	\$400/\$200
TOURNAMENT PLAYER CAMP 1	JULY 8, 9, 10, 11 (4 DAY)	8AM-12PM	8-18	\$240
AGAPE CAMP 2	JULY 15, 16, 17, 18, 19, (5 DAY)	9AM-4PM	5-18	\$400/\$200
QUICKSTART CAMP 1	JULY 15, 16, 17, 18, 19 (5 DAY)	9AM-12PM	4-10	\$200
AGAPE CAMP 3	JULY 22, 23, 24, 25, 26 (5 DAY)	9AM-4PM	5-18	\$400/\$200
TOURNAMENT PLAYER CAMP 2	JULY 29, 30, 31 AUG 1 (4 DAY)	8AM-12PM	8-18	\$240
QUICKSTART CAMP 2	JULY 29, 30, 31 AUG 1, 2 (5 DAY)	9AM-12PM	4-10	\$200
AGAPE CAMP 4	AUG 5, 6, 7, 8, 9 (5 DAY)	9AM-4PM	5-18	\$400/\$200
AGAPE CAMP 5	AUG 12, 13, 14, 15, 16 (5 DAY)	9AM-4PM	5-18	\$400/\$200
QUICKSTART CAMP 3	AUG 19, 20, 21, 22, 23 (5 DAY)	9AM-12PM	4-10	\$200
TOURNAMENT PLAYER CAMP 3	AUG 19, 20, 21, 22 (4 DAY)	8AM-12PM	8-18	\$240
AGAPE CAMP 6	AUG 26, 27, 28, 29, 30 (5 DAY)	9AM-4PM	5-18	\$400/\$200

## ABOUT THE CAMPS/CAMP HIGHLIGHTS:

### Agape Camps:

Agape camps are for all ability levels: beginner, intermediate, and advanced and ages 5-18. Half Day is from 9am-12pm.

#### Agape Camp Highlights:

- Technique development to build fundamentals
- On court tennis instruction and match play daily
  - Fun tennis specific fitness, games, and relays
- Classroom sessions with focus on mental and emotional toughness, self-development and sportsmanship skills
- Fun Activities: Water balloon fights, Capture the flag, Nature Walks, Popsicle Parties, Kickball
- Every kid gets a camp tee shirt, award, HEART card store visit, and player party on the final day

### Quickstart Camps:

Quickstart camps are for beginner and intermediate players ages 4-10.

#### Quickstart Camp Highlights:

- Learning and developing the fundamentals and technique
  - On court tennis instruction and fun games
  - Learning how to score and improve in match play, tennis etiquette
- Fun Activities: Water balloon fights, Capture the flag, Nature Walks, Popsicle Parties, Kickball
- Every kid gets a camp tee shirt, award, HEART card store visit, and player party on the final day

### Tournament Player Camps:

Tournament Player camps are for intermediate and advanced players ages 8 -18.

#### Tournament Player Camp Highlights:

- Designed to have players get their most out of their tournament play
  - Open to all tournament experienced players in the Area
  - Thursday's will be full team competition match play
    - Singles and Doubles Strategy
  - Collegiate and High School Tennis Preparation
    - Fitness, mental toughness, and goal setting
    - Every kid gets a camp tee shirt

## AGAPE CAMP SAMPLE AGENDA:

8:55AM -9:15AM	WARM UP TENNIS DRILLS
9:15 – 9:30AM	CAMP INTRODUCTION FOR THE DAY / MAKE CAMP TEAMS AND DRILL GROUPS
9:30-9:55AM	FUN TENNIS GAMES
10:00-10:40AM	DRILL ROTATION 1 GROUDSTROKE FOCUS
10:40-11:20AM	DRILL ROTATION 2 VOLLEYS/OVERHEADS FOCUS
11:20-12:00PM	DRILL ROTATION 3 SERVE/RETURN OR LIVE BALL GAMES
12:00-12:30PM	TEAM COMPETITIONS/WATER SPORTS “COOL DOWN”
12:30-1:00PM	LUNCH BREAK
1:00-1:30PM	CLASSROOM SESSION OR NATURE WALK
1:30-3:15PM	MATCH PLAY/TEAM TENNIS
3:15-3:40PM	FUN TEAM COMPETITIONS
3:40-4:00PM	TENNIS SURVIVOR/HOMEWORK ASSIGNMENT

## TOURNAMENT PLAYER CAMP SAMPLE AGENDA:

8AM -9:15AM	WARM UP TENNIS DRILLS
9:15 – 9:30AM	CAMP INTRODUCTION FOR THE DAY
9:30-10:30AM	DRILL ROTATIONS
10:30-11AM	MENTAL SKILLS / MATCH PLAY SITUATIONS/ SNACK BREAK
11:00-11:50AM	MATCH PLAY (WITH ANALYSIS)
11:50-12:00PM	RECAP/ HOMEWORK ASSIGNMENT

## RAINY DAY CAMP SAMPLE AGENDA:

9:00 - 9:45AM	FITNESS/TECHNIQUE STATIONS UNDER THE ROOF THE PYRAMID (8 MIN ROTATIONS)
9:45 – 10:45AM	TEAM ACTIVITY (TENNIS HISTORY/VOCABULARY/TRIVIA WITH TEAMS/TEAM SKITS)
10:45 – 10:55AM	BREAK/SNACK/WATER FILL UPS
10:55 – 11:55AM	COMPETITIVE GAMES UNDER ROOF (REFLEX GAMES/MINI TENNIS/SCAVENGER HUNT)
11:55 – 12:00PM	CLEAN UP/HOMEWORK ASSIGNMENT